



2024 Florida Gold AAU Gymnastics Championships

Meet site: Lynn University – 3601 N. Military Trail Boca Raton, FL 33431

This is an AAU licensed District Championship and qualifier for the 2024 AAU Age Group National in Daytona Beach, FL. June 20-June 23.

Hosted by: Gold Coast Gymnastics, Inc. - Meet results will be posted at www.gcgym.com after the meet

No Flash Photography or external lighting on any devices



Saturday, May 18 th , 2024 Clubs with (*) are entered into team competition											
Session 1		Session 2		Session 3		Session 4					
Level 2		Level: 3		Level 4 & 5		Level: 6,XG,XP,XD XSA,					
Stretch 8:00 am		Stretch 10:30 am		Stretch 1:30 pm		Stretch 4:35 pm					
TNT S. Miami* Gina's* A.K. Gymnastics Rising Stars* Miami Beach* Andins* Palm Beach* CATS*		Miami Beach* CATS* TNT* Gold Coast* Rising Stars* Tumble USA* Gina's* South Miami* Ft. Lauderdale*		<u>Level 4</u> Tumble USA S. Miami* Miami Beach* CATS* Rising Stars* Miracle TNT Gina's		<u>Level 5</u> TNT S. Miami* Tumble USA*		<u>Level 6</u> Gold Coast Cats Rising Stars* TNT <u>X-cel Plat & Diam</u> Gold Coast* S. Miami Gym Kidz X-cel Sapphire Rising Stars All Ladies Div Rising Stars		<u>X-cel Gold</u> 4Ever* CATS Gina's* Gold Coast* S. Miami Rising Stars* Flip City* Miracle* Gym Kidz	
Awards 10:15am		Awards 1:10pm		Awards 4:15pm		Awards 7:25 pm					
Sunday, May 19 th , 2024 Clubs with (*) are entered into team competition											
Session 5		Session 6		Session 7		Session 8					
Level 1		X-Cel Silver		X-Cel Bronze		X-Cel Bronze					
Stretch 8:00 am		Stretch 10:25 am		Stretch 1:15 pm		Stretch 3:30 pm					
Ft. Lauderdale* Andinas* Rising Stars Miami Beach* TNT Gina's* CATS* Tumble USA Palm Beach* S. Miami*		CATS* Gold Coast* Rising Stars* Miracle* 4Ever* TumbleUSA Flip City* Ft Lauderdale* Gym Kidz* Expression*		Ft Lauderdale* EGA* Academy* Gym Kidz* Miracle* Expression* <i>Bronze team awards given in Session 8</i>		Ft Lauderdale* EGA* Academy* Gold Coast* Miracle* Rising Stars 4Ever* A.K. Gym*					
Awards 10:00 am		Awards 12:50 pm		Awards 3:10 pm		Awards 5:20pm					
Meet site: Lynn University 3601 N. Military Trail Boca Raton, FL 33431						Door Admission: Adults- \$25.00, Child- \$15.00 (ages 2-12) 2-Day Pass Adults \$40.00, Child \$20.00 CASH ONLY~ No Credit Cards					